

Don't be caught off guard. Be ready.

**HURRICANE PREPAREDNESS
INFORMATION UPDATE**

Dear Neighbor:

As Hurricane Season in Florida begins, I want to provide you with some potentially life-saving information that will help you prepare for and respond to a natural disaster.

The effects of a natural disaster can be reduced if you are aware of the steps you should take before, during, and after any natural disaster. It is also important that you and every member of your family know the emergency phone numbers listed in this update.

I have worked tirelessly to provide disaster relief funding for our community, but we still need to be more prepared to face any possible natural disaster. The biggest lesson of the disastrous 2005 hurricane season was that citizens need to have enough supplies to survive for at least three days after a hurricane hits. For this reason, I would like to share with you a hurricane preparedness checklist.

It is an honor to have the opportunity to be your voice in Congress. Please do not hesitate to contact me if I can be of further assistance.

Sincerely,



Congressman
Mario Diaz-Balart
25th District of Florida

UNITED STATES
HOUSE OF REPRESENTATIVES
WASHINGTON, DC 20515

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*This mailing was prepared, published and
mailed at taxpayer expense.*



M.C.

PRSRT STD

Hurricane Preparedness Checklist

HEALTH AND SAFETY

- Flashlight and batteries: 1 per person
- Liquid soap and hand sanitizer
- Tooth-brushing pads
- Water purification kit
- 2-week supply of prescription drugs
- Fire extinguisher
- Extra eyeglasses and sunglasses
- Insect repellent
- Sunscreen

Infant Necessities:

- Infant medicine
- Diapers
- Baby formula
- Bottles

First-aid Kit Including the Following:

- Bandages
- Antiseptic
- Tape
- Compresses
- Pain relievers
- Anti-diarrhea medication
- Antacids
- Medications for common illnesses

FOOD AND DRINK

- Drinking water: 1 gal. per person per day
- Non-potable water: for hygienic use only
- Propane gas for barbecue grill
- 2 coolers for food and ice
- Manual can opener

Two Weeks' Supply of the Following:

- Nonperishable foods
- Plastic tableware and cups
- Plastic wrap and plastic trash bags
- Toilet paper and paper towels
- Wet wipes
- Fuel for folding stoves

IF YOU EVACUATE

- Pillows, blankets & sleeping bags or air mattresses (shelters do not provide these)
- Folding chairs or cots
- Extra clothing and shoes
- Personal hygiene items: toothbrush, washcloth, deodorant
- Food, water and ice
- Prescription medications in original containers
- Books
- Toys and/or handheld games

MISCELLANEOUS

- Cleanup supplies: mop, buckets, towels, disinfectant, bleach
- Camera/camcorder (record property before storm & document damage afterwards)
- Extra batteries
- Flat fixer for tires
- Work gloves
- Full tank of gas
- Appropriate clothes for post-storm: hat, closed-toe shoes, dry socks, rain gear
- Animal care (ensure that proper food and water are stocked)
- Cash (ATM and credit card networks might be down)

LEARN MORE

www.fema.gov

Federal Emergency Management Agency

www.redcross.org

American Red Cross

www.nws.noaa.gov

National Weather Service

www.noaa.gov

National Oceanic & Atmospheric Admin.

Important Contact Information

EMERGENCY CONTACT NUMBERS

Federal Emergency Management Agency

1-800-621-3362

Florida Emergency Information Hotline

1-800-342-3557 (24-hours)

Emergency Housing Programs

1-800-414-1226

Public Housing Programs

1-800-955-2232

Mail Services

1-800-275-8777

Social Security Administration

1-800-772-1213

Medicare and Medicaid Issues

1-800-362-1504

Small Business Administration

Individuals: 1-800-621-3362

Businesses: 1-800-659-2955

State Volunteer Hotline

1-800-354-3571

Florida Power and Light

1-800-468-8243

Lee County Electric Co-op (LCEC)

1-800-282-1643 or (239) 995-2121

South Florida Water Management District

1-800-544-2323

Florida Department of Insurance

1-800-227-8676

Attorney General's Price Gouging Hotline

1-866-966-7226

Banking Issues

1-877-275-3342

Agricultural and Consumer Services

1-800-435-7352

Agency for Workforce Innovation Emergency

1-800-204-2418

CONTACT YOUR LOCAL GOVERNMENT

Miami-Dade County Dial 311 for information

City of Hialeah Gardens (305) 558-4114

City of Hialeah (305) 883-5800

Town of Medley (305) 887-9541

City of Miami Lakes (305) 364-6100

City of Doral (305) 593-6725

City of Homestead (305) 224-4415

Florida City (305) 247-8223

Town of Cutler Bay (305) 234-4262

Village of Palmetto Bay (305) 259-1234



Congressman Mario Diaz-Balart assesses community needs with local leaders following Hurricane Wilma.

Contact Congressman Mario Diaz-Balart

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